



# L'ARCHE MYMENSINGH NEWS LETTER

January TO December 2025



Making known the gifts of people with disabilities

**Hello, Friends!**

**We extend warm greetings from L'Arche Mymensingh! We want to express our heartfelt gratitude for your love, support, and prayers. The year 2025 has brought us many beautiful gifts and blessings. Over the past few months, our community has been fortunate to experience numerous joyful moments that embody the spirit of our mission.**

**In this newsletter, you'll find highlights showcasing the activities, celebrations, and achievements of the L'Arche Mymensingh community. We are profoundly thankful for your ongoing support and encouragement, which empower individuals with intellectual disabilities to lead fulfilling lives and make meaningful contributions to society.**

**In Solidarity,  
Ratna Murmu, Community Leader**





**MEMBERS PLAYING STATUE DANCE!**

Like every year, this year we organized annual sports on 26<sup>th</sup> January.

Sports Day is a powerful reminder of the importance of community and belonging. Celebrating both the unique capacity of individuals and the joy that comes from playing together.



## Celebrating the Bengali New Year

To usher in the Bengali New Year, we don new attire—particularly Punjabis and lungis—and enjoy the day with traditional dishes such as hilsa fish, potato bharta, and panta bhat.

One of the most delightful aspects of this celebration is witnessing the community assistants and core members of L'arche Mymensingh proudly display and sell their handcrafted items. These include candles, bracelets, lizard designs, pen pots, garlands, and a variety of other beautiful crafts. Their joy increases when people recognize and appreciate their creations, adding an extra layer of meaning to the festivities.



## Bengali New Year



**For Eid, Munna, Mamun, Akmal, Sohag, and Robiul rose early to attend the Eid prayers. Later, everyone enjoyed themselves at the festive Eid celebration.**

## **Celebrating Eid Together**

**Eid is a moment of joy, generosity, and unity—a celebration that highlights our shared sense of belonging.**

**At L'Arche, individuals with intellectual disabilities not only participate in the festivities but also guide us with their love, gratitude, and pure joy.**

**This Eid, let us open our hearts to one another and remember that a true community embraces everyone.**

**Eid Mubarak! May your days be filled with peace and countless blessings.**

**Eid Mubarak!**



## **# Christmas Celebration**

**Thanks to the cooperation of everyone involved, this year's Christmas celebration was both meaningful and memorable. The participation of all attendees fostered a pleasant atmosphere, exemplifying mutual respect and harmony. The community performed a wonderful drama, enjoyed by all!**



## **Puja Celebration**

**“In the L'Arche family, everyone celebrates Puja together. It is a place where people come together to share joy and happiness. Everyone supports one another, each according to their ability, always striving to stand by each other. Through this spirit of unity and care, we seek to discover the true meaning of life.”**



**Celebrating the Founding Anniversary of the L'Arche Mymensingh Community**  
Each year, we joyfully commemorate the founding anniversary of the L'Arche Mymensingh community, uniting us all to reflect on and honor this significant occasion.



## Mini Marathon

We were really happy to join the mini-marathon. Getting a medal and a new jersey made it even more special. But the best part was being together with everyone. It was a unique and amazing experience for all of us—both disabled and non-disabled—to share this moment and run side by side.



OPPO F17 Pro  
Birthday Celebration for our Cook: Obiron

## Birthday Celebration

Birthday celebrations hold great significance for us. Each month, we gather as a group to honor those with birthdays. During this special time, we wholeheartedly pray for the birthday celebrant, wishing for their life to be beautiful, joyful, and fulfilling.

We also extend our prayers for their family, hoping for their continued health and well-being, so they can share a joyful life together. This simple yet meaningful event enhances the love, connection, and happiness within our community.



Birthday Celebration for Rohim one of our youngest members!



## Workshop Outing

L'Arche Workshop serves as a unique haven for individuals with intellectual disabilities. It's more than just a center for productivity; it's a nurturing environment fostering togetherness and human connection. In this space, individuals with and without intellectual disabilities come together to share their lives through daily work.

Every three to four months, a special outing is arranged, allowing everyone to enjoy a walk around the city. These outings cultivate an atmosphere where dignity, friendship, and mutual growth flourish naturally.



## Community Picnic

We came together to celebrate our annual picnic at Safari Park Gazipur. Board members, Taize brothers, core members, assistants, and guardians all enjoyed a delightful time.



## Rainbow Outing

Rainbow Outing is a great program that lets core members get together at least once a month. These outings are full of fun, helping people connect and make lasting memories. Participants sing songs, walk hand in hand, and share a meal. These enjoyable moments spread happiness and offer chances for new experiences while boosting their sense of belonging.



## Food Distribution

L'Arche organize food distribution programs twice a year for our local brothers and sisters who are mentally challenged and in vulnerable conditions. Most of them come from extremely underprivileged families, so this initiative provides meaningful support in their daily lives. During these programs, they spend time with us, sharing their stories, struggles, and experiences. We listen with care and compassion, striving to stand beside them not just with aid, but with understanding.

As a gesture of love and empathy, we also offer small gifts. Though simple, these tokens carry warmth and connection. Seeing their smiles, even for a moment, is our greatest reward. It reminds us that even small efforts can bring light into someone's life.

## Formation for the Leadership Team!

For the first time, the Board Treasurer of L'Arche Mymensingh led a formation session for the leaders. This gathering was not just a formality; its main goal was to provide leaders with a profound understanding of the importance of buying and selling. He articulated clearly why these concepts are essential and how they can foster the growth of L'Arche Mymensingh. Through insightful guidance and a compelling presentation, he motivated the leaders to advance the organization with renewed vision and dedication.



Community Leader  
Ratna Murmu

Board treasurer  
Gabriel

## # A Lasting Partnership with the Rotary Club

Once again, the Rotary Club members have shown unwavering support for our L'Arche Mymensingh community by providing free tiffin for our core members four days each month.

Continuing this tradition, they have renewed their one-year agreement with us.

This relationship is more than a partnership; it embodies true friendship and mutual respect. We are confident this collaboration will enhance our journey.



Kumar Paul, a generous donor, establishes a truly thoughtful and significant tradition. His consistent support, providing new Puja clothes and taking the time to visit and ensure the well-being of individuals, can have a profound emotional impact on their lives. It transcends mere gifts; it embodies the care and connection he fosters.



## Local Donation

The CLB Organization has recently become our new neighbor, and this year, they generously gifted blankets to all our core members for the very first time. This act goes beyond just a simple present—it demonstrates their genuine commitment to fostering a meaningful relationship with us. They conveyed their gratitude for this connection and highlighted the significance of nurturing a strong and positive bond in the future.



## Divisional Commissioner

“The Divisional Commissioner has been supplying us with two tons of rice annually. In line with this ongoing support, we recently met with her, and he assured us that this assistance would continue this year too.”



WELCOME TO  
NEW BOARD  
CHAIR  
PARSON



WELCOME TO  
NEW BOARD  
MEMBER'S



**WE EXPRESS OUR GRATITUDE TO LILA DI FOR HER TWO YEARS OF DEDICATED SUPPORT TO THE COMMUNITY, AND WE ARE THRILLED ABOUT THE LEADERSHIP OF SK ZAHIRUL HOQUE. AS A LONG-TIME BOARD MEMBER WHO PREVIOUSLY SERVED AS SECRETARY, HE HAS NOW STEPPED INTO THE ROLE OF BOARD CHAIR. ADDITIONALLY, WE ARE EXCITED TO WELCOME THREE NEW BOARD MEMBERS!**



# Our New Building Plans!



**L'Arche Mymensingh is embarking on an exciting new project to build a community complex, prompted by the conclusion of their current lease agreement for Asha Nir. This new development represents a significant step forward, as it will be built on land L'Arche already owns, ensuring a permanent, secure home for their activities. The complex will not only house Asha Nir but will also include office space and facilities for day programs. This initiative underscores L'Arche Mymensingh's commitment to creating a cohesive, inclusive environment where its community can thrive, providing a stable foundation for its ongoing mission of support and inclusion.**





## Get Involved

**You are an important part of our community! There are many ways to be involved:**

**Come and visit us! if you are far away, we'd love to have a zoom call to share more about our community.**

**Donate- Your donation will help us to ensure that our community, both external members and internal, continues to thrive. The Mymensingh community is so good at sharing what they have with those around them and your donation will help them continue in that mission.**

**Email us at [larchbangladesh@gmail.com](mailto:larchbangladesh@gmail.com) for way to give directly & Visit Our <https://bangladesh.larche.org/>**

**OR**

**you can give through L'Arche International:  
<https://www.larche.org/donate/>**